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# The Everything Meals For A Month Cookbook: Smart Recipes To Help You Plan Ahead, Save Time, And Stay On Budget



## Synopsis

You don't have to order take out every time you don't feel like cooking - now there's an easier way to have breakfast, lunch, and dinner (not to mention dessert) right at your fingertips! The Everything Meals for a Month Cookbook is the perfect tool to help you save time in the kitchen (and money in your wallet) with practical shopping tips and food handling tricks for buying and cooking in bulk. Learn how to plan your menu, assemble the ingredients, and store and freeze a month's worth of dinners - without losing any freshness or taste. In addition to 300 mouth-watering recipes, The Everything Meals for a Month Cookbook explains how you can organize your kitchen for once-a-month cooking. Thanks to the easy-to-follow bulk-cooking model provided, it's easier than you think! Features family-friendly recipes such as: Cranberry Oatmeal Quick Bread, Stuffed Mushrooms, Santa Fe Chicken Soup, Curried Turkey Casserole, Apple Glazed Pork Roast, Shrimp Pesto Linguine, German Chocolate Pound Cake. Whether you're serving up these delicious meals straight from the oven or freezing them for later in the month, you'll find everything you need to save time and money with The Everything Meals for a Month Cookbook.

## Book Information

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## Customer Reviews

I requested this as a gift based on the reviews on the website, and I'm so glad someone bought it for me!! EVERY recipe I've tried has been delicious, the only complaints being that I hadn't doubled the recipe so they could eat more. The recipes are nicely organized according to type (meat base, breakfast food, slow cooker meal, etc.), and laid out well on the page. Ms. Larsen has also included

some variety in cuisine, including Asian, Indian, Mexican, and Mediterranean styles as well as American favorites. I especially love that ingredient lists don't give impossible ingredients or ridiculous measurements; i.e., it says "1 onion, sliced" instead of something like "3/4 cup sliced onion". Lists are also provided for tripling recipes, which makes composing a shopping list a little simpler. And I also like that Ms. Larsen provided instructions both for cooking the recipe right away and also for preparing ahead of time and freezing. This makes the book very flexible. I've not yet frozen any of the meals for later - our freezer isn't big enough to handle it - but I did prepare a pan of Easy Lasagna the day before I needed it and I refrigerated it. I followed the "made-ahead" instructions the next and it was absolutely fabulous. (I also think the cream cheese in the mixture adds something to the taste and consistency. I never would have thought of cream cheese in beef lasagna.) Something else I like is the use of herbs and the relative non-use of salt and sugars. I prepared the Chicken Cassoulet one day and the quick soak method for the beans did not work (but then I've personally not had any success with dry beans so far). However, the herbs and other flavors in the cassoulet were so wonderful, we ate all the leftovers, in spite of the crunchy beans.

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